

Our Alt Route program provides training, education, and prevention interventions focusing on the risks of substance misuse and provides education on HIV/AIDS. It also provides needed linkages to service provision for individuals who test positive for HIV and/or are in need of substance use treatment. Services are available throughout Eastern, CT.

FAQ

What trainings are offered?

Hepatitis and HIV Information Session (60-90 Minutes)
Substance Use Prevention for Providers (90 minutes)
Substance Use Prevention for Youth (90 minutes)
Narcan Training (60 minutes)
Comprehensive Sexual Education Overview (30 minutes)

What interventions are offered?

Think Twice (18-24 -year-olds)

Single-session, individual-level intervention that promotes informed decision-making around partner selection and HIV risk reduction among men who have sex with men (MSM). (40-60 minutes)

Mpowerment Group (18-24 -year-olds)

Mobilizes young gay and bisexual men to reduce sexual risk-taking and encourages HIV testing and positive social connections. Mpowerment educates about safer sex and provides condoms. (3 hours)

Street Smart Group (13-18-year-olds)

Multisession, skills-building program designed to help youth reduce unprotected sex, number of sex partners, and substance use. The program is based on social learning theory, which describes the relationship between behavior change and a person's beliefs that he/she has the ability to change behavior and that changing that behavior will produce a specific result. (10 1-hour sessions)

What testing is provided?

HIV and Hepatitis C (20 minutes)

How much do they cost?

All Alt Route services are SAMHSA funded and provided free of charge.

Where are they conducted?

PPI offices, local colleges, local high schools, provider facilities, and virtually over Zoom.

Who are they for?

The interventions are for high school students and gay or bisexual college aged men. Trainings are for any youth (13-24) or providers of services to youth in Eastern, CT.

How do I schedule a training, testing, or intervention or get more information?

Contact our prevention navigator or risk reduction lead.
Eduardo O'Neill-Caban-Prevention Navigator
eduardo.oneillcaban@perceptionprograms.org or 860-336-6251
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