



AT PATH COUNSELING CENTERS WE ARE COMMITTED TO PARTNERING WITH YOUNG PEOPLE AND THEIR CAREGIVERS.
GROWING UP ISN'T EASY. WE ARE HERE TO HELP.

WHAT YOU CAN EXPECT

We help young people, ages 5-23, and their families manage emotional, developmental, cognitive, or behavioral challenges and address a range of issues, including anxiety, depression, and substance use. We deeply value the inclusion of caregivers in the process to ensure sustained recovery and growth.

We offer evidence-based treatment interventions to include Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing (EMDR), Motivational Interviewing, and Solution Focused Therapy.

SERVICES OFFERED

- Clinical and psychiatric evaluations
- Evaluation, treatment recommendations and medication management
- Individual therapy for a variety of issues to include anxiety, depression, etc.
- Treatment for co-occurring problems (behavioral health and substance use)
- Collaboration and coordination with community partners (i.e. schools, pediatricians)
- Parent support



REFERRALS

We accept referrals from individuals and community partners.
Call (860) 450-0151 for an appointment.



INSURANCE

PPI accept Medicaid, HUSKY, Medicare, and most major health insurances.



LOCATION

We are conveniently located at 842 Main Street, Willimantic in our new state of the art building.