



STAY SAFE | START HERE

Powered by Perception Programs, Inc

Alt Route offers three groups that focus on skills-building, education, and empowerment for healthy decision-making.



STREET SMART GROUP (13-18-YEAR-OLDS)

Multisession, skills-building program designed to help youth reduce unprotected sex, number of sex partners, and substance use.

MPowerment GROUP (18-24-YEAR-OLDS)

Mobilizes young gay and bisexual men to reduce sexual risk-taking and encourages HIV testing and positive social connections. Mpowerment educates about safer sex and provides condoms.



THINK TWICE (18-24-YEAR-OLDS)

Single-session, individual-level intervention that promotes informed decision-making around partner selection and HIV risk reduction among men who have sex with men.

For more information about Alt Route's groups, contact:
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